



# SIR THOMAS BOTELER

CHURCH OF ENGLAND HIGH SCHOOL  
THROUGH GOD, WE CARE

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LBU/SFR/ADMIN/ALLDEPTS/PSHE

9<sup>th</sup> October 2025

Dear parents / carers,

As part of our education at Sir Thomas Boteler Church of England High School, the students cover a programme of Personal, Social and Health and Economic Education (PSHE). This includes Relationships, Sex and Health Education (RSE). The RSE is delivered to the students through a combination of weekly tutor periods and timetabled lessons delivered by specialist PSHE teachers.

The aim of this series of lessons is to cover a range of topics to help the students to understand what respectful and healthy relationships look like.

These important topics will be covered in a sensitive and age-appropriate manner and by teachers who have significant experience in the delivery of this course. Relationships, Sex and Health Education is mandatory for all schools and we are pleased to already have a very established and well-delivered programme. Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of RSE, and this request would need to be discussed with the Assistant Headteacher, Mrs A Mawby and Head of PSHE, Mrs L Butcher. If you would like to make contact with them their emails are amawby@boteler.org.uk and lbutcher@boteler.org.uk

Please do not hesitate to contact school should you have any further questions in relation to the programme.

Yours faithfully

Mrs Butcher  
**Head of PSHE**



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