



# SIR THOMAS BOTELER

## CHURCH OF ENGLAND HIGH SCHOOL

THROUGH GOD, WE CARE

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Diocese of Liverpool

THE CHURCH  
OF ENGLAND

Diocese of Chester

7<sup>th</sup> November 2018

MM/CO/ADMIN/ALLDEPTS/PASTORAL/MM/ANTIBULLYINGWEEK

Dear Parent/Carer

Next week is Anti-Bullying week 2018. The theme for Anti-Bullying Week 2018 is: 'Choose Respect' and will run from 12<sup>th</sup> - 16<sup>th</sup> November. Following a consultation with over 800 children, teachers and members of the Anti-Bullying Alliance, it emerged that a top priority was showing that bullying is a behaviour choice, and that children and young people can set a positive example by opting to respect each other at school, in their homes and communities, and online.

Sir Thomas Boteler Church of England High School will be holding an 'Odd Socks Day' on the first day of Anti-Bullying Week (Monday 12<sup>th</sup> November). We are encouraging staff and students to wear odd socks to show our support that we are all 'different but equal'. We will be asking students to contribute a small donation of 50p towards the Anti-Bullying Alliance during form time on Monday which will go towards providing support and advice to anyone affected by bullying.

Furthermore, Students will spend their form time sessions this week following a structure of anti-bullying awareness activities, this will be consolidated in an anti-bullying assembly. In key lessons students will be taking part in anti-bullying activities to create work for our anti-bullying awareness board.

On Thursday 15<sup>th</sup> November all students in Years 7, 8 and 9 will watch a performance by the band 'The HARA' after which they will give advice on how to stay safe online (Never giving out personal information, never meeting strangers online, safety on social network sites, following rules of your parents on the internet etc) as well as discussing cyber bullying and where to go for help. They will also discuss personal stories for example, a time one of them was affected by cyber bullying, how they felt at the time, how they reacted, and the outcome of the situation. On top of this, they will discuss mental health, the causes of mental health problems (stress at school, relationships etc), a time they have had their own mental health issues, who to turn to for help and the importance of speaking up.

Our Mission Statement states that 'Through God, we care'. We will not tolerate bullying and will deal with it quickly and effectively if it occurs. Our school strives to create an environment where all students feel safe and supported. Remember, bullying is not welcome in our school and we will be reinforcing this during national anti-bullying week.

Thank you for your support.

Mr Morley

Head of Year 7

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